

Cookbook

Home recipes with a photo frame, a shopping list, and numbered steps. Amounts are examples.

The harbor light stayed on.

Kitchen	[Example] Harbor kitchen
Feeds	2, unless a recipe says otherwise
Replace	Every photo and every amount

[Example]

Recipes in this book

Pan rice	9
Sesame greens	12
Clear broth	15
Harbor toast	18
Cold noodles	21
Egg soup	24
Bean pancakes	27
Barley tea cake	30

How to read a page

The frame is not a photograph. Drop your picture in, or leave the frame.

Serves / time / heat	The three labels under the title
Left column	Ingredients
Right column	Numbered steps
Last page	Notes and a remake line

Pantry

Tick what you have before you shop.

Item	On hand	Buy
rice		
salt		
oil		
eggs		
scallion		
soy		
sesame		
flour		

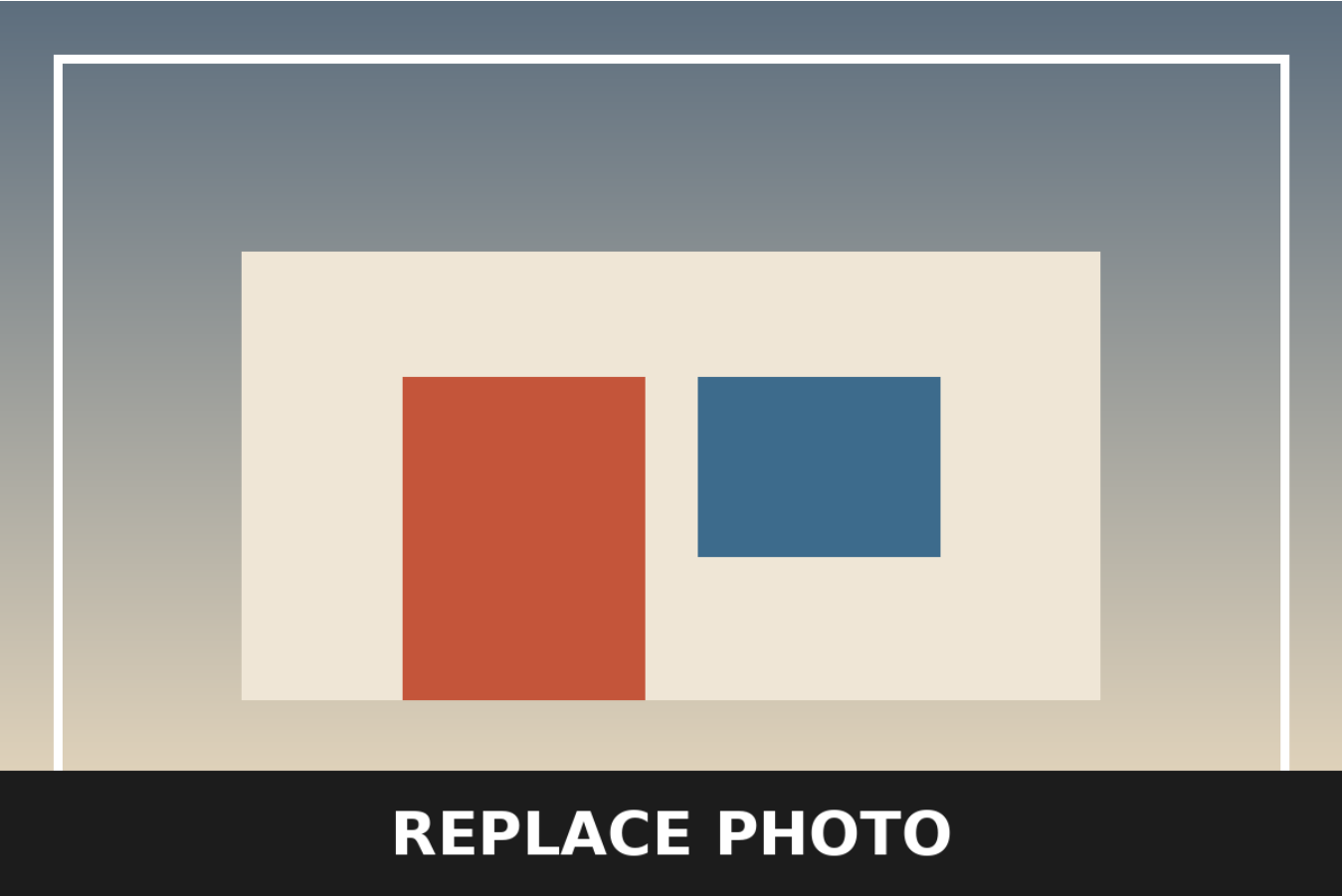
Tools

Nothing special. [Example] list.

Tool	Have it?
A heavy pan	
A pot with a lid	
A knife	
A board	
A spoon	
Oven, for the last recipe	

Pan rice

SERVES 2	TIME 20 min	HEAT Medium
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Replace photo. Example frame, not a picture of this dish.

Ingredients and steps

Ingredients

Item	Amount
greens	a handful
sesame	1 spoon
soy	1 spoon
garlic	1 clove

Steps

1. Blanch and drain.

2. Toss with sesame.

3. Season.

4. Serve warm or cold.

[Example]

While it cooks

CLEAR BROTH

Cook's notes

What you changed. Whether you would make it again.

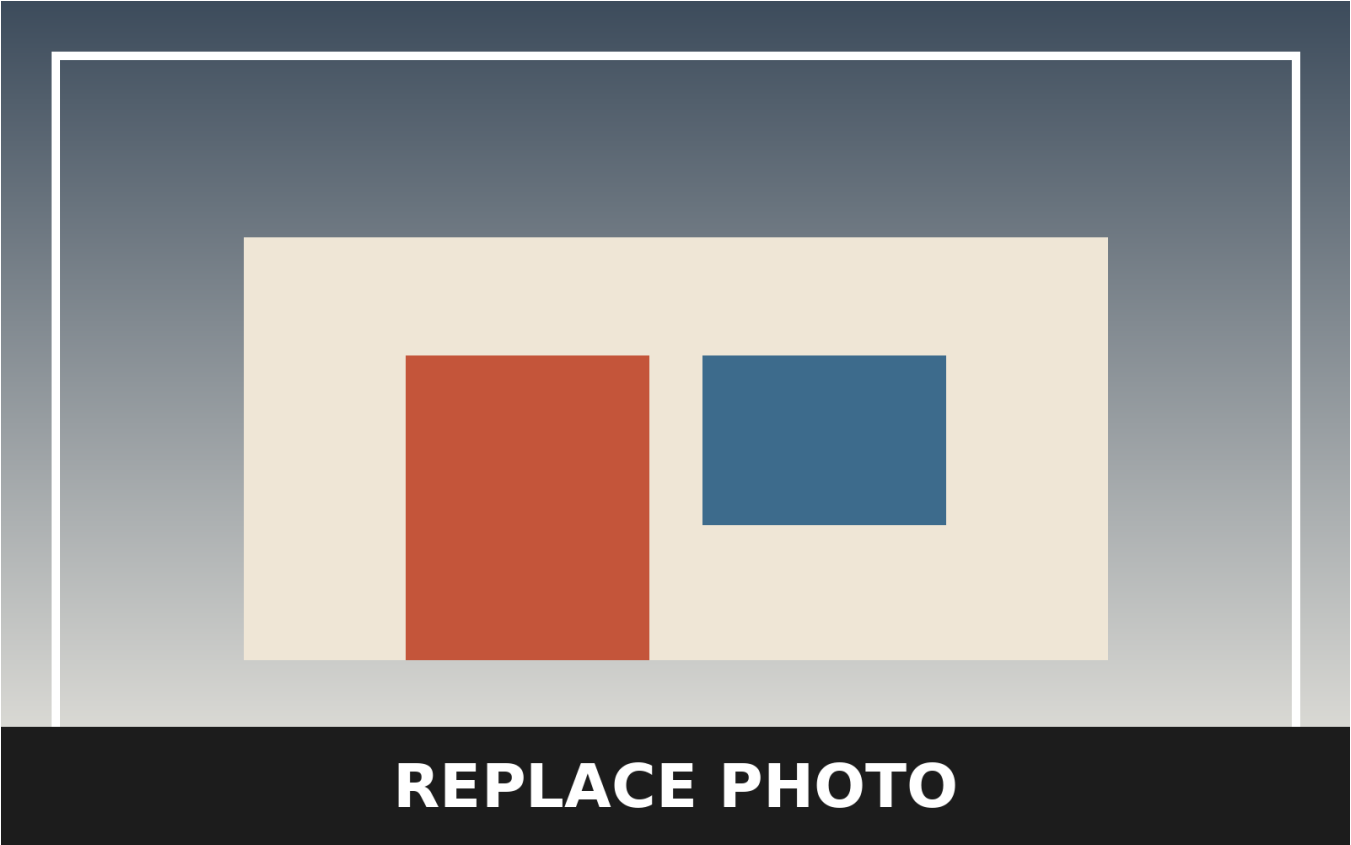
HARBOR TOAST

Cook's notes

What you changed. Whether you would make it again.

Egg soup

SERVES 2	TIME 12 min	HEAT Medium
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Replace photo. Example frame, not a picture of this dish.

Ingredients and steps

Ingredients

Item	Amount
beans	1 cup soaked
cabbage	a little
oil	for the pan
salt	a pinch

Steps

1. Grind the beans.

2. Mix the cabbage.

3. Fry spoonfuls.

4. Salt the edge.

[Example]

While it cooks

Cook's notes

What you changed. Whether you would make it again.